

CLARE COUNTY SENIOR SERVICES

DECEMBER 2010 COLD MEAL MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| Lake 544-2836 Farwell 588-4271 Clare 386-7130 Harrison 539-5161 Lake George 588-9841 | <i>**Please remember that reservations are required.**</i> <i>**Suggested Meal Donation is \$2.25**</i> | 1 Cobb Salad Orange Cucumber slices Whole wheat roll | 2 Chix salad sub Tomato chunks Peaches banana | 3 Roast beef pita Celery stix Melon balls Raisins |
| 6 Turkey on wheat w/mayo Apple juice Cucumber slices pear | 7 Egg salad pita Green pepper slices orange apple/graham crackers | 8 Chef salad Cottage cheese Plums/v8 Whole wheat roll | 9 Pb & J Carrot stix Grape juice strawberries string cheese | 10 Club Sub Banana Coleslaw Celery stix |
| 13 Mandarin Chix Salad Carrot sticks Fresh apple Wheat crackers | 14 Roast beef on wheat w/ mayo orange juice pear cucumber slices | 15 Turkey sub orange Green pepper slices V8 | 16 Ham on wheat w/ mayo Tomato chunks Carrot sticks Banana | 17 Tuna stuffed tomato Apple juice Plums Multi grain roll |
| 20 Club Sandwich Celery stix Fruit cocktail V8 | 21 Meal sites are closed for our employee holiday party | 22 PB & Jelly Multi bean salad Orange applesauce | Closed for the Holiday | Closed for the Holiday |
| 27 Roast beef on wheat Carrot sticks Strawberries apple | 28 Chicken salad pita Cranberry juice Green pepper slices Raisins | 29 Turkey & cheese wrap Banana V8 Cucumber slices | Closed for the Holiday | Closed for the Holiday |

Menu is subject to change

CLARE COUNTY SENIOR SERVICES

DECEMBER 2010 HOT MEAL MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| Lake 544-2836 Farwell 588-4271 Clare 386-7130 Harrison 539-5161 Lake George 588-9841 | **Please remember that reservations are required.** **Suggested Meal Donation is \$2.25** | 1 Spanish Rice Refried Beans Broccoli & cauliflower Apricots roll | 2 Baked Chicken breast Mashed pot./gravy Spinach/roll Choc. Pudding/banana | 3 Sloppy Joe Pears Peas & carrots Cole slaw |
| 6 Hot beef sandwich Mashed pot./gravy Mandarin oranges Lima beans | 7 Cranberry Chicken Sweet potatoes Pineapple chunks Asparagus Whole wheat roll | 8 Ham steak Baked potato Brussel sprouts Baked apple roll | 9 Tuna Noodle casserole Euro. Veg. blend Carrot sticks Yogurt/banana | 10 Chicken Patty on an onion bun w/ let & tom. Sweet potato French fries/broccoli Apple/oatmeal raisin cookie |
| 13 Dutch Chicken Baked beans Plums Baked potato | 14 Broccoli, cheese and rice casserole Cottage cheese & pears Green beans Roll | 15 Roast beef Spinach Mixed vegetables Blueberry buckle Ww roll | 16 Salisbury steak Rice pilaf/orange Succotash blend Broccoli Multi grain roll | 17 HOLIDAY MEAL Chicken and stuffing Sweet potato casserole Asparagus spears Fruit salad Apple pie/dinner roll |
| 20 Cod Almondine Peas & carrots Stewed tomatoes Redskin tomatoes Wheat roll | 21 Meal sites are closed for our employee holiday party | 22 Taco pie Black beans Pears Corn Breadstick | Closed for the Holiday | Closed for the Holiday |
| 27 Chili Dogs Green beans Redskin potatoes Apple | 28 Beef Roast Peas&carrots Baked potato/sour cream Tropical fruit salad Multi grain roll | 29 Chicken Lasagna Spinach Peaches corn Dinner roll | Closed for the Holiday | Closed for the Holiday |

MENU IS SUBJECT TO CHANGE